

St. Peter Canisius International Catholic Parish Jakarta

Monthly Bulletin – September 2023

WHEN LOVE AND HOPE TRIUMPH OVER LONELINESS AND DEPRESSION

Beloved Sisters and Brothers,

Many years ago, as a young priest, I befriended Jimboy, a young man of 16, bright and talented, but at that time suffering of loneliness and depression. Day after day, he withdrew further into his own thoughts,

contemplating the unthinkable. I remember in one conversation he almost casually remarked, "Father, I know where my dad keeps his gun." Jimboy's parents, with whom I was also quite familiar, were loving and caring, but they were oblivious to their son's internal struggle. They noticed that Jimboy had become quieter, spending most of his time locked away in his room. Concerned, and after listening to the advice of some friends, including myself, they decided to take a closer look at what their son was going through. One evening as they were tidying up Jimboy's room, they stumbled upon a hidden journal. Curiosity getting the better of them, they opened it and discovered the darkest depths of their son's emotions. The pages were filled with despair, loneliness,



and thoughts of ending his own life. Shocked and terrified, they realized they had to act swiftly. They sat down with Jimboy, tears streaming down their faces, and shared their discovery. Jimboy, startled by their sudden knowledge, broke down, finally releasing the pain he had carried alone for so long. The family decided to face this crisis head-on, seeking professional help for Jimboy. They reached out to therapists and



support groups, determined to provide him with the care and understanding he desperately needed. The family became united in their mission to save Jimboy's life. Days turned into weeks, and weeks into months. Jimboy's family attended therapy sessions together, learning how to communicate openly and honestly. They discovered that his loneliness stemmed not only from within himself but from a lack of connection with his parents and siblings. With newfound determination, they made a conscious effort to create a warm and loving atmosphere at home. They encouraged open conversations, shared laughter, and supported each other's dreams. Slowly, Jimboy began to feel less alone. He realized more deeply that his parents truly loved him and his family

would always be there for him. As time on went, Jimboy's perspective on life started to shift. He began to see the beauty in the world and the potential for happiness. He discovered new hobbies, made friends, and even found solace in helping others who were struggling with similar battles. One sunny afternoon, as the family, with close relatives and friends, gathered in the backyard for a barbecue, Jimboy stood up, a glimmer

of happiness in his eyes. With a trembling voice, he expressed his gratitude to his family for standing by his

side, for never giving up on him. He thanked them for their unwavering love and support. Just as almost everyone began to wipe away their tears, Jimboy added, "And you know what? I've decided to dedicate my life to helping others overcome their struggles, too. I want to be a beacon of hope for those who feel lost, just like I once did." He decided to join the "Youth Serving Youth," a youth-group in the parish dedicated to organizing activities, like campings and sports events, for their fellow youths. His parents couldn't have been prouder. Their hearts swelled with joy as they realized that their darkest days had led them to this remarkable turning point. Their journey had not only saved Jimboy's life but had given him a newfound purpose. From that day forward, Jimboy became a source of inspiration for his family and



the entire community. Eventually he founded YANA - You Are Not Alone - a support group for teenagers battling loneliness and depression, using his own experience to guide and uplift others. The last time I met Jimboy was some months ago as the pandemic had started to subside. He was with his wife and two adorably bubbly kids. Among other things we talked about memories and his story of struggle transformed into a tale of resilience, love, and hope. It certainly reminded me that even in the darkest of times, when loneliness seems insurmountable and depression inevitable, there is always a light waiting to be found.

Fr. Noel Villafuerte, SDB

STPCICP's 5th Anniversary of Inauguration of our PGDP & 50+ years of our Parish Enaction



We wish our Parish's 5th establishment Happy anniversary.

The St. Peter Canisius International Catholic Parish (STPCICP) or originally known as the Expatriate Parish of Jakarta, has been in existence since 1980's under the supervision of Archdiocese of Jakarta and pastoral care of the Congregation of Society of Jesus.

Historical Background

The ministry for expatriates in Jakarta began in 1963-1964 when Fr. Joannes Burgers SJ worked as a teacher in Canisius College in Menteng, Jakarta. On June 15, 1981, Fr. Robert R. Lefebvre MM registered the first baptism in the baptismal book. Although we were not legal body until 2018, however, we had been a categorical Parish under the recognized & under the supervision of KA J. On **September 8, 2018**, under the pastoralship of Fr Bambang Triatmoko SJ & Fr Thomas Tjaya SJ., Archbishop Mgr. Ignatius Suharyo formally established the St. Peter Canisius

International Catholic Parish (STPCICP), referring to Canon Law No. 518 and we received the official recognition of our Parish's legal status, now known as PGDP Internasional Santo Canisius (St. Peter Canisius International Catholic Parish – STPCICP), thanks to the efforts of Archbishop Mgr. Ignatius Suharyo.

The Parish Priests who served our expatriate community are:

Fr. Laurentius van der Werf SJ

Fr. Robert R. Lefebyre MM

Fr. Bob Baines MM

Fr. Fredericus de van der Schueren SJ

Fr. Siegfried Bintzler Bintarto SJ

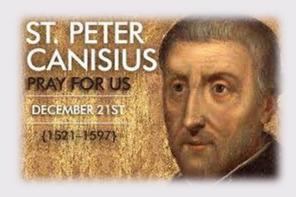
Fr. Nicolaus Dumais SJ

Now we are shepherded by Fr Bambang Triatmoko SJ, Parish Preist & Fr Thomas Tjaya SJ, Asistant priest.



The other Assistant Parish priests who immensely contributed to our Parish are Fr Carolus Veeger MSC who served through 25 years over 3 Parish's priests and Fr L Ignatius Madya L. Madya Utama, Fr. Jose Cobb CICM, Fr. Robert Suykens CICM, Fr. Chito A Padilla SDB, Fr. John Mangkey MSC.

Our Patron saint is St. Peter Canisius and his feast day is celebrated on every year 21 December. St. Peter Canisius (8 May 1521 – 21 December 1597) was a renowned Jesuit priest, theologian, and preacher during the Counter-Reformation era. He played a vital role in revitalizing Catholicism in Europe, particularly in Germany, through his tireless efforts in education and evangelization. St. Peter Canisius was a prolific writer, and his "Catechism" became a cornerstone of Catholic teaching during his time. He was not only a scholar but also a



compassionate pastor, known for his dedication to the spiritual well-being of individuals during a challenging period in the Church's history. St. Peter Canisius was canonized as a saint in 1925 and is remembered for his profound impact on Catholicism and his commitment to spreading the faith.

The Meaning of our Logo



STAINED GLASS WINDOW represents our Church that radiates different shapes of light, the symbol of our vision: Light to the Nations

SIMPLE BLACK CROSS symbolizes our humility in Serving Our Lord: bearing the cross in silence, searching not for personal glory.

WHITE DOVE symbolizes the Holy Spirit, but also a symbol of Peace.

THREE RED TOUNGES OF FIRE symbolizes three Christian Virtues: FAITH, HOPE and LOVE

We are deeply grateful for the countless holy priests whom God has sent to lead and guide our Parish throughout the years. With the Grace of God, we look forward to continued growth and nurturing under the pastoral care of Fr. Bambang Triatmoko and Fr. Thomas Tjaya, both from the Society of Jesus, as we strive to be a shining beacon to the Nations.

Congratulations and Happy Anniversary to STPCICP! 🥕 🙏





Sept 17

Sept 24

Oct 1

Sun

Sun

Sun

ONLINE & OFFLINE MASS SCEHDULE



ST. PETER CANISIUS INTERNATIONAL CATHOLIC PARISH CHOIR SCHEDULE FOR SEPTEMBER 2023 OFFLINE/ONLINE FROM ST. THERESIA

DATE	DAY	MASS	TIME	CHOIR
Sept 2,	Sat	22nd Sunday Ordinarny Time	3:30PM	Eucharistic Sounds Choir
Sept 3,	Sun	22nd Sunday Ordinarny Time	3.00PM	ELFACS Choir
Sept 9,	Sat	23rd Sunday Ordinary Time	3:30PM	Eucharistic Sounds Choir
Sept 10,	Sun	23rd Sunday Ordinary Time	3.00PM	The Choir Immortal
Sept 16,	Sat	24th Sunday Ordinary Time	3:30PM	Eucharistic Sounds Choir
Sept 17,	Sun	24th Sunday Ordinary Time	3.00PM	ELFACS Choir
Sept 23,	Sat	25th Sunday Ordinary Time	3:30PM	Eucharistic Sounds Choir
Sept 24,	Sun	25th Sunday Ordianry Time	3:00PM	The Choir Immortal
Sept 30	Sat	26th Sunday Ordinary Time	3:30PM	Eucharistic Sounds Choir
Oct 1	Sun	26th Sunday Ordinary Time	3.00PM	ELFACS Choir
CANISIUS CHAPEL				
DATE	DAY	MASS	TIME	CHOIR
Sept 3,	Sun	22nd Sunday Ordinarny Time	6:00PM	Genesis Choir
Sept 10	Sun	23rd Sunday Ordinary Time	6:00PM	Genesis Choir

6:00PM

6:00PM

6:00PM

Note: *Online Mass is only on every Sunday 03:00 pm from St. Theresia Church.

24th Sunday Ordinary Time

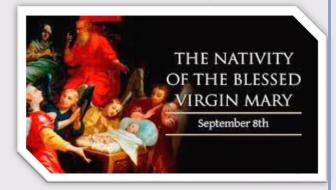
25th Sunday Ordinary Time

26th Sunday Ordinary Time

September Month - Mother Mary

September is a special month in the Catholic tradition as it is dedicated to honouring the Blessed Virgin Mary, the Mother of Jesus. Known as "Mary's Month," September is a time for Catholics to express their deep devotion and love for the Mother of God.

September also marks the feast day of the *Nativity of the Blessed Virgin Mary on September 8th.* This day commemorates the birth of Mary and is an occasion for joy and celebration within the Catholic Church.



Youth Choir

Genesis Choir

Genesis Choir

During Mary's Month, Catholics reflect on the virtues of humility, purity, and obedience that Mary exemplified throughout her life. They seek her intercession for guidance, protection, and strength, believing that she can bring their prayers and intentions to her Son, Jesus Christ.



YOUTH FELLOWSHIP ACTIVITIES



Thanksgiving and Graduation Mass

Youth Fellowship (YF) in association with Young Adults organized Thanksgiving and Graduation Mass on 13 Aug 2023 at St. Canisius Chapel for all the young students who completed their schooling and now ready to step into their undergraduate studies.

What a wonderful evening it is for the St. Peter Canisius International Catholic Parish to invite the youth graduates of the community along with their parents, to celebrate The Assumption of the Blessed Virgin Mary together! This is now the second annual

SUNDAY, 13 AUGUST 2023

ST. CANISIUS CHAPEL AT 6PM MASS

Please sign up through the LINK IN BIO. latest by 8 August 2023

"YOU DIDN'T CHOSE ME, BUT I CHOSE YOU AND APPOINTED YOU SO THAT YOU MIGHT BEAR FRUIT - FRUIT THAT WILL LAST" (JOHN 15:16)

Eucharist dedicated to recent graduates as they receive blessings from our beloved Fr. Bambang Triatmoko SJ, along with the special Miraculous Medal of Mary. We were reminded of Mother Mary and how we can always count on her intercession. As our youths go forth to pursue their dreams through further education, we hope and pray that they will be beacons of light and agents of love wherever they go. It was an honor for me to be the MC for this mass, and I look forward to future

opportunities where youths step up to serve more in mass!

Patrik Elang Prakasa











CCD CORNER: CCD Teachers Workshop



To be a Good Teacher is to Be a Good Student

Every Catechist must be a witness to the faith, a teacher and mystagogue, a companion and pedagogue, who teaches for the Church. Only through prayer, study, and direct participation in the life of the community can they grow in this identity and the integrity and responsibility that it entails - Pope Francis

- Antiquum Ministerium

To mark the start of the 2023-2024 CCD program, Catechists came together for a workshop and fellowship on Saturday, 19th August 2023. As part of a Catechist's ongoing formation, to study and learn in humility and in order to grow, the main aim for this Saturday was to discuss and brainstorm on the literary and supplementary resources available for both the First Holy Communion and Confirmation Preparations among the youth.

Fr. Father Thomas initiated the year with great generosity by leading this session, taking on the role of both guide and teacher. On that day, 25 Catechists, including teachers and coordinators from various CCD groups, eagerly assumed the role of students. It was entirely appropriate that Father Thomas began by encouraging participants to create smaller groups, fostering discussions on how to actualize their primary roles as Catechists. This initial understanding served as a crucial foundation for developing a detailed plan of action to fulfil their roles effectively.

Following this very lively exchange, each group put forth their main conclusions and summary to the entire audience. From which, there flowed an outpouring of new action steps having been inspired by Fr. Thomas who had further reminded Catechists of their mission as one who facilitates in the building of a true relationship with God, among those in the CCD programs, not only for the students themselves but also equally among the students' parents.

In a very natural way then, the next round of discussion on the curriculum, further emphasized other vital means such as a vivid

run through of the Sacramentals within the Liturgy were to be included in this year's CCD programs. As a conclusion of the session, specific initiatives on a group level apart from those in the Parish level are to be further explored.

Pope Francis, in the quote highlighted above, has particularly directed Catechists to grow in their identity. This workshop is just one of several planned for the year ahead, as part of the efforts towards Catechetical development, united under the Church and open to the promptings of the Holy Spirit.







By Geline Bravo, CCD Teacher



🥟 Fellowship Gathering: Join Us for Fun and Joy! 🥬



Get ready to fill your hearts with laughter, share smiles, and create lasting memories at our upcoming Parish Fellowship Gathering! We invite you to join us for a delightful evening of camaraderie, games, and merriment as we come together as a community to celebrate the bonds that make our parish special.

Date: Sunday, 24th September 2023

1 Time: After 0600 pm Mass

Menue: New Canisius Lobby, Canisius College,

Jakarta

These gathering promises to be a fantastic opportunity to strengthen friendships, make new connections, and revel in the joy of togetherness. All age groups are welcome, so come along your family & friends for an evening that will warm your heart and uplift your spirits.

Donation is appreciated, if you wish to donate, please use the QR code or Bank details mentioned in the Flyer. If you want bring food, please contact Sis. Grace on WA No. 08222-000-2968.







Family Apostolic Ministry (FAM)



Self Esteem in Marriage

Self-esteem, as defined by Virginia Satir, encompasses the capacity to appreciate one's own worth and to treat oneself with a combination of respect, affection, and realism. Frequently, an individual's self-esteem or sense of selfworth is founded on external accomplishments, such as advanced education (MBA, PhD, MD, etc.), physical appearance (beauty, long flowing hair, attractiveness, physical fitness, etc.), or material possessions (luxurious watches, flashy automobiles, extravagant homes, etc.). Nevertheless, it's important to recognize that these external markers of self-esteem can be taken away or lost.

Self-esteem needs to be based on something more solid, and permanent, which is one's, GOD-given UNIQUENESS, as a PERSON. The way a person, is put together by GOD, is totally unique. Uniqueness, is No one else in the world, is exactly like one person. One's, distinct qualities, + the intensity of these qualities, makes the person unique.



The way we think, and feel about ourselves, most often, comes from our childhood experiences. As children, we come to know ourselves, from feedback given to us, by our parents or caregivers. If we had loving, affirming parents, or caregivers, who reflected to us, how lovable, and special we are, we carry that image, of ourselves, into adult life which likely impact to high self-esteem. If, however, we had critical, and non-affirming parents or caregivers, we learned that we are not good enough, or even worse not lovable which likely impact to low self-esteem.



The level of a person's self-esteem affects the way he/she behaves in relationship with others. As a person look inward, he/she becomes aware of the self he/she brings into the marriage. The person with a low self-esteem can affect his/her marriage as it creates a dependency (needy) on his/her spouse. As a path of the marriage journey towards wholeness, the couple could help each other to build their self-esteem and grow together.

Whenever one appreciates, and affirms the special, and unique qualities of one's spouse, the spouse feels great and his/her self-esteem increases and builds up.

For marriage to help build self-esteem, the spouses need to:

- Give affirmation to each other "Your help really makes my day".
- Give honest positive feedback "You look approachable when you smile".
- Express your love for each other even in bad times like sickness in the family. – Cook the favorite dish of your spouse.
- When someone says something nice about your partner, pass it on. An example is a Random Act of Kindness – your partner gave food to street children and a friend told you about it, inform your partner about it.
- Comment positively on the pleasing things that your partner does for you. You
 can mention that during your date night.
- Use a person's preferred name frequently love, honey, sweet.

Accept differentness and separateness.

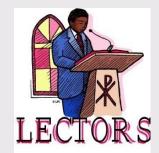


When we RESPECT our differences, we become free to develop our unique self in marriage.

In conclusion, nurturing and bolstering each other's selfesteem is a powerful foundation for a healthy and fulfilling marriage. By continually practicing empathy, validation, and support, couples can not only strengthen their bond but also create an environment where both partners can thrive individually and as a team. Remember, a strong sense of selfworth in each partner ultimately contributes to the strength of the marital union, making it a source of love, resilience, and lifelong happiness.



Lectors Workshop



Our Parish - St. Peter Canisius International Catholic Parish, held an annual 2-day Lector Ministry workshop on August 5, and 12, 2023. The workshop was attended by both existing and new lector candidates for the renewal and further development of our members in the Lector Ministry.

This year, the workshop was not only attended by the members from our parish, but also for the first time ever, it was opened to other Jakarta Parishes with English-speaking masses. Participating parishes



included St.



Laurensius Parish in Alam Sutra, St. Yohanes Penginjil Parish in Blok B, St. Perawan Maria Ratu Parish of Catholic Fellowship Jakarta (CFJ) in Blok Q, St. Thomas Rasul Parish in Bojong Indah, Maria Bunda Perantara Parish in Cideng, St. Helena Parish in Curug, Gereja Kristus Raja in Pejompongan, and St. Theresia Parish in Menteng. This was a great Parish Community initiative to not only foster greater fellowship but also build stronger relationships across parishes in

Jakarta.

Our Parish Priest, Fr. Bambang Triatmoko SJ conducted 2 sessions on the so-called "Revelation Theology", highlighting that God is the main author of both the Old and New Testaments, through God's chosen sacred writers.

The workshops focused on the importance of the lectors' role in proclaiming the living Word of God and in bringing the Word to life for the congregation - emphasizing that the lectors' understanding of the gospel is essential and how they must put their faith into action in accordance with the Word they proclaim. The main outcome was for these lectors and candidates to become spiritual lectors, able to effectively convey the transformative power of Scripture and act as vessels of divine unity. In short, to succeed in this mission, they must nurture their spirituality and develop a profound understanding of the scripture. Additionally, to become an effective lector requires oration skills - both inherent abilities as well as refined proficiency.

The highlight of the workshop was concluded with the renewal and installation ceremony, celebrated by Rev. Fr. Bambang Triatmoko SJ, our parish priest, in the August 12, 2023 Mass for 15 of our existing lectors and 4 newly installed members.

For the participants from other parishes, we recommended that they are to receive their official installations by their parish priest in their respective communities.







🥕 The Amazing gRace: Parish Anniversary Event 🥕



STPCICP is celebrating the 5th parish inauguration (PGDP) anniversary - marking the official installation of our parish as the 67th Roman Catholic Parish under the Archdiocese of Jakarta (KAJ).

In the spirit of joy, togetherness, and thanksgiving we are inviting everyone to join another amazing anniversary program... our very own: Amazing gRace 🥙 🎘 ♀ 🎘 ♂ 🛗



Sunday September 10th 2023, Race START @ 6:30AM - Meeting Point at St. Theresia Church

Registration Fee: Rp. 100K. (incl. St. Peter Canisius Amazing gRace T-shirt), 🕠 First 55 registrants will get leak-proof tumbler \

Sign up TODAY and invite your family and friends to join too. PLEASE REGISTER HERE: bit.ly/AmazinggRace

Amazing gRace Donation: TRANSFER to BANK DANAMON: PGDP INTERNASIONAL SANTO PETRUS CANISIUS Acc. No. 6641777773 (Please use special suffix 75 (seventy-five) at the end of the amount transferred, e.g. Rp. 100.075,-)

Upload your proof of transfer in the google form and submit or confirm your registration transfer to Patricia Roosmin +6285719352620 / Ivan William +6287883801545.

COME AND JOIN OUR PARISH INITIATIVES



Dear Parishioners, inviting all of you to join our different parish initiatives to serve the Lord and the community. Your talents are your blessings from Lord, please use for the benefits of the community. Below are various Parish communities / groups / sections / ministries or activities you can join and contribute in different ways.



One of the aims is to introduce to our wider parishioners; including the newly baptized among us, that we have group/community with specific activities that they may join or be involved in.

At present our Parish has the following communities/groups/sections/ministries or activities:

- Ushers
- Lectors
- Choir/ Youth Choir
- Altar Servers
- EMHC Extraordinary Ministries of Holy Communion
- CCD Confraternity of Christian Doctrine
- RCIA Rite of Christian Initiation of Adults
- Komsos Social Communication
- JFC Jesus Friend of Children
- YF / YFC Youth Fellowship / Youth for Christ
- CYS Catholic Youth Society
- YAPro Young Adult Professionals
- FAM Family Apostolic Ministry
- VFF Virtual Faith Forum
- SMPG Santa Monica Prayer Group
- LOJF EF Light of Jesus Family English Feast
- CFC Couples for Christ
- ONLINE Comm.



The fundamental question many parishioners ask: How Can I Serve in the Church?

God has given you special talents and gifts that you can use to support your local congregation, help your community, and serve God's children everywhere. You follow the example of Jesus Christ as you seek to meet individual needs one person at a time. Some of the most important service you will give will be informal, simple acts of kindness and love toward individuals without being asked or assigned to do so. You can help others feel God's love and reach their potential as you share your time, talents, and means to help meet their needs. Part of your personal growth and learning will come as you serve in the Church and help others learn and grow as well. As you get to know others in your local congregation, you will realize that you have much to offer them.

Come Join Us, Let's make use of our talents and time to support our Parish in different ways....

YOUR KIND CONTRIBUTION MATTERS

As a vibrant and united community, we have the wonderful opportunity to make a positive impact together through our generosity and support. Our parish thrives on the spirit of compassion and togetherness, and we invite each and every one of you to contribute to the growth and well-being of our spiritual family. We thank all Parishioners for your continued generous contribution for our Parish. You have wholeheartedly supported and helped our parish. You may use the QR code below to pay through Gopay, OVO, Dana, Shopee, T-money or direct transfer to Bank Account - PGDP Internasional Santo Petrus Canisius, Acct No. 664 177 7773, Bank Danamon — Cabang Usman Harun, Jakarta, or Bank Mandiri Account No. 103.000778611-0



Here is the QR Code for receiving offering and gifts for Mass intentions. Please end your transfer amount with Rp. 22/= (twenty-two) for Mass intentions. For example, if you wish to give 100K gift for Mass intention, kindly transfer to this parish account number the amount of Rp. 100.022,- Thank you and God bless you and your family for your continuous support.

For all other Parish operations cost, you can donate any amount to the above-mentioned bank accounts or by using QR code.





We are here to respond should you need any information

Please do not hesitate to contact us @ St. Peter Canisius International Catholic Parish office. Jl. Gereja Theresia No. 2, Jakarta Pusat - DKI Jakarta. Telephone. +62-21-3917806 / WA +62 811 8039 728, Email. office@expatcatholicparish.org

https://www.expatcatholicparish.org/

Parish Activities in the month of August

God has remained steadfast in guiding and supporting Indonesia, our beloved nation, through numerous challenges in the past. We have faith that His watchful care will persist, leading us toward brighter days ahead. As we move forward, let us remain steadfast in our prayers for the well-being and prosperity of our nation.





St. Cajetan is the patron saint of job seekers and the unemployed. Devoted Catholics come together to seek his intercession in times of financial need and employment struggles. Through prayer, reflection, and the sharing of intentions, this Triduum offers solace and hope to those facing job-related challenges, fostering a sense of community and faith in God's providence. It's a time to turn to St. Cajetan's powerful intercession and trust in his ability to assist individuals in their search for meaningful work and financial stability.

St. Cajetan, pray for us! 🙏 🞖

We honour the life and teachings of St. Augustine of Hippo, one of the most influential figures in Christian history. Devout Catholics gather for prayer, reflection, and communal worship, drawing inspiration from St. Augustine's profound writings on theology, philosophy, and spirituality. It's a period of deep contemplation and a reminder of the importance of seeking God's grace and wisdom in our lives, following in the footsteps of this revered saint.

St. Augustin, pray for us! $\mathbb{A} \, \mathbb{S}$





We see in St. Monica a faithful woman of prayer and perseverance, deeply concerned with the conversion of her loved ones, to the Saviour. She models for us an example of deep faith, hope, perseverance, sacrifice, and keen awareness of Christ's Kingship in our lives.

Who better for us to look to for intercession in moments when we feel hopeless and most tempted to give up, especially in our endeavour to bring our loves ones to Christ!

St. Monica, pray for us! 4





















